

ENDERMOLOGIE®

AFTER LIPOSCULPTURE



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A liposculpture is the start of a new way of looking after our body and a new way of eating, which will mean changes in our daily habits. In this article we are going to look into what ENDERMOLOGIE® can do to improve the results obtained after undergoing a liposculpture.

After having this operation performed (approximately a week later) we should start having sessions of Manual Lymphatic Drainage. This is a special massage technique to help recovery and must be applied by a physiotherapist who is specialized in this technique.

When the doctor considers it to be most suitable (approximately 3 to 4 weeks after the liposculpture) the Therapeutic ENDERMOLOGIE® can be started. This technique consists of a specialized massage applied by the physiotherapist using a machine that has two motorized rollers and a vacuum. This machine works with various different programmes. In this particular case the special "post liposculpture" programme is used, which will help to:

- 1 - Eliminate fibrosis
- 2 - Drain the oedema
- 3 - Smooth out the skin

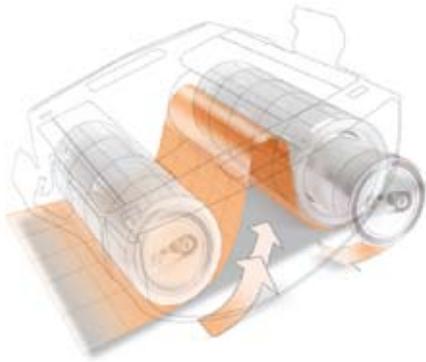
Treatment with the post-lip programme continues for 2 or 3 weeks, and is then changed for another more intensive programme which will treat the firmness of the skin and cellulite, depending on the requirements of each individual.

The liposuction will eliminate the fat layer that lies deep beneath the skin, and it is the surface layer that gives us the unwanted "orange peel" effect. What is important to know is that this superficial fatty layer can only be treated externally through:

- 1 - Endermologie
- 2 - Mesotherapy
- 3 - Chocotherapy
- 4 - Antara
- 5 - A healthy diet
- 6 - Exercises

This treatment will be performed by specialized experts who will provide you with full information and individualized advice.

To ask for a free demonstration session, please call us on : 952 81 69 81



MLD is a special massage technique that favours the recovery after a liposuction

