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## PATIENT INTERVIEW WITH MICHELLE DULONG



“ I feel different and I think my new confidence certainly shows through.”

### TRANSFORM MAGAZINE

Hello Michelle, thank you for giving us this interview and sharing your experience with our readers. Can you tell us a bit about yourself and what kind of operation have you had?

#### MICHELLE DULONG

I am 29 years old and I had a breast augmentation.

#### Why did you choose to have this operation done?

>>> I chose to have the operation done because I didn't feel so confident about myself and I couldn't really wear the clothes I wanted to wear, so I chose to go for a permanent solution.

#### Was it a difficult decision to undergo surgery?

>>> No, it wasn't a difficult decision for me at all, I actually made up my mind before I even went to my first consultation.

#### Did you have any fear about having plastic surgery?

>>> Well, of course I had some fear, especially for me as a foreigner coming from the UK to Spain and not even speaking the language, but this was soon overcome.

#### How did you cope with your fears and worries?

>>> I soon overcame my fear because the Dr. Albrecht, his assistant and his team speak English fluently, Lilly, the chief nurse, is from the UK and has almost 30 years of experience in Plastic Surgery. Very soon all of that made me feel more relaxed about what was going to happen to me.

#### Was it your first aesthetic operation?

>>> No, it wasn't actually the first because I had an accident when I was 16 years old where I broke my nose, so I had a plastic surgery done to correct the deformity resulting from the accident; I think it is called a Rhinoplasty.

#### Did you have any pain during the operation?

>>> The only pain I had was a pin prick while the i.v. was being inserted by the anaesthetist but that went away quickly.

#### Are you happy with the results of your breast operation?

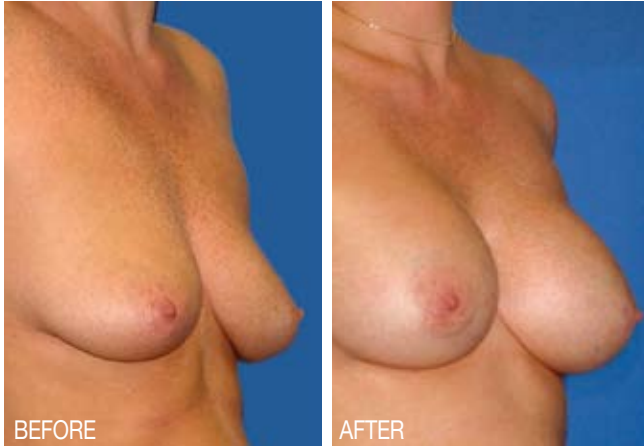
>>> I am absolutely delighted with the results ; I never thought I could feel this way just by having a minor operation. Yes, I am very happy.

#### What do you think about the scars, do they bother you?

>>> This was one thing I really was worried about before the operation, but the scars are not even visible at all, it is just amazing how quick the healing has been.

**In spite of the obvious visible effect, do you think having the procedure done affected your lifestyle or the way you feel about yourself?**

>>> Yes, definitely. I feel different and I think my new confidence certainly shows through.



**BEFORE :** 29 year old patient with small, slightly sagged breasts.

**AFTER :** Patient after breast augmentation without uplift

**Do you think a successful plastic surgery procedure can make you want to have more done?**

>>> Yes, I think it can be a little addictive if you see how the results can affect your well-being and your lifestyle. I also think it is a question of mentality, if you search for the perfection of your body, it can be surely tempting to do more, but there must be a time when you say to yourself: It's fine now.

**Do you think after having the procedure without any complications and with the desired result made you loose a little of your fear regarding plastic surgery procedures?**

>>> Without doubt it has made me get rid of my fear, regarding having aesthetic surgery in a foreign country.

**Did you share your experience with friends or family and if yes, what did they say?**

>>> Actually, I just told my mother because I didn't want it to be public knowledge at this stage. My mother was very sceptical about me coming to Spain and having the procedure done, so obviously we had a few scared moments together, but when everything turned out fine at the end even my Mum said that the results spoke for themselves.

**What made you come to Dr. Albrecht?**

>>> I found out about Dr. Albrecht doing online research and also in Magazines, and I liked the fact of Dr. Albrecht being French and providing a kind of artistic touch in his work. After coming for a consultation, I had complete confidence in Dr. Albrecht, his assistant and the whole team, so that made my decision fairly easy to make, because basically I was going to put my life in their hands.

**Why didn't you choose one of those low-cost plastic surgery offers which are available along the coast?**

>>> When I went to gather all the information I realized how important it was for me to be treated by an identifiable surgeon, not by a cosmetic surgery company. When I met Dr. Albrecht and his assistant in person I knew that I would be treated with a personal and human touch.



**BEFORE :** 26 year old patient with small breasts and no sagging

**AFTER :** Patient after breast augmentation

**What kind of recommendation would you give to a friend or member of your family who wants to have some aesthetic surgery and maybe wants to have it done abroad?**

>>> Without a doubt: I would recommend them to put their complete confidence in Dr. Albrecht because of the unique way they care for you. Sure, at first, going to Spain for surgery is daunting for somebody from the UK, but the way they look after you, especially in the aftercare, is superior to anything else I've experienced before. So if anybody wanted my opinion, I would say : Go for it!